



HOCHSCHULE
FÜR MUSIK
HANNS EISLER
BERLIN

No. 31 | Your School supports you personally during the Crisis!

Berlin, 25 February 2021

Dear Hanns Eisler Community,

How are you doing in this crisis? Each of us is particularly challenged by this time, trying to find our balance and adjusting to the instability caused by the coronavirus crisis.

The time of the pandemic is not easy, neither for us as an institution nor for each of us individually. Continuous changes to the situation and new perspectives pose enormous challenges for all of us - whether teachers, students or administrative staff. This week the newspapers have been full of it: it is alright to admit to ourselves, during these times, that we have reached our limit and need help!

The Eisler is here to support you.

In order to accompany you as effectively as possible during this time, in your studies, your personal situation, your place of work, the Eisler offers a broad range of counseling and support, which we have expanded further during this time.

We would like to offer you an overview of the most important points of contact, encouraging you to take advantage of these opportunities:

1. **Corona management**: for all questions concerning hygiene rules, coronavirus infections etc.
Eva Gabronovoa
Email: corona@adm.hfm-berlin.de

2. **First point of contact for help & information**
Hannah von Hunoltstein
Email: hannah.vonhunoltstein@hfm-berlin.de
Tel:+49 (0)30 688 305 - 860

3. **Advice & support for mental stress**
Kirsten Peters
Email: kirsten.peters@lba.hfm-berlin.de

→ Open online meeting

Tuesdays from 5 to 6:30 pm;

registration and link via: <https://calendly.com/intakt-musikercoaching/hfm-offener-online-coaching-treff>

→ Digital individual consultation (30 min)

Make an appointment here:

<https://calendly.com/intakt-musikercoaching/hfm-coaching-erstes-orientierungsgespraech>

4. Help in crisis situations (selection)

→ Consultations with physicians and physiologists specialized in working with musicians are offered by the **Kurt-Singer-Institut für Musikphysiologie und Musikergesundheit** at the Charité hospital.

Contact: http://www.ksi-berlin.de/KSI_Sprechstunden.html

→ The **Eisler's liaison team** is available to discuss worries and problems which cannot be discussed with anyone else.

Contact:

www.hfm-berlin.de/studium/ideen-und-beschwerden/vertrauensteam/

→ **Psychological and psychotherapeutic counselling** for students dealing with personal conflict situations is also available from the

Studierendenwerk. Contact:

<https://www.stw.berlin/beratung/psychologisch-psychotherapeutischen-beratung.html>

→ **Advice and counselling for employees of the Eisler School** is available from our company physician Dr. Kanig at Schmitz Consulting.

Contact: <http://schmitzcon-berlin.com/>

Further information can be found on our website at: <https://www.hfm-berlin.de/studium/beratung-service/>

Although we are fully aware that you are all waiting for information to help you plan the coming summer semester with on-site reaching: the School's Directorate is still waiting for the developments of the coming three weeks, including the consultations between the Federal Government and the State of Berlin, in order to use all possible avenues for us to provide artistic teaching. We are as impatient as you are to put on our group, ensemble and major projects in the summer semester. We have decided to wait until mid-March to determine how much will be possible and how the use of regular testing will help us accomplish our goals. We will keep you informed as soon as we are able.

Please take advantages of the offerings listed above, and make sure you get through these trying times safe and sound!

Kindest regards,

Sarah Wedl-Wilson
Rector

Professor Andrea Tober
Prorector

Hans-Joachim Völz
Chancellor